

About MCRH



The Memphis Center for Reproductive Health is a private, non-profit medical practice founded in 1974. We offer reproductive health services for women & men along with education and outreach programs for the community at large.

We encourage individuals to understand their bodies and the choices available to them and to make informed decisions about their sexual and reproductive health.

MCRH believes:

- Reproductive rights are human rights.
- All ages, gender identities, races, cultures and sexual orientations are equally valuable to our world.
- Lack of knowledge and understanding leads to uninformed decisions regarding sexual health.
- All people should have access to accurate, comprehensive sexual and reproductive health information.
- Abstinence from sexual intercourse is the most effective way to prevent pregnancy and sexually transmitted infections.
- Every woman should be able to choose if and when she will have a baby and the conditions under which she will give birth.
- Every woman should be able to decide if she will not have a baby and her options for preventing or ending a pregnancy.
- All people should be able to parent their children in safe environments and healthy communities, without interference or fear of violence from individuals or the government.

What are LARCs?

Some methods of birth control need to be taken every day, like the pill. Some need to be used with every act of intercourse, like foam, or the male or female condom. Missing a pill or two, or not storing condoms properly, can lead to an unintended pregnancy.

Three methods below do not require regular maintenance. Each is very effective and that effectiveness does not depend at all on how well the person uses it.

- **Birth Control Implant (Implanon®)**
A flexible plastic rod the size of a matchstick that is put under the skin of a girl's arm. Effective for up to 3 years.
- **Progestin IUS (Mirena®)**
Soft plastic device that delivers small amounts of the hormone levonorgestrel directly to the uterus. Effective for up to 5 years.
- **Copper IUD (Paragard®)**
Small plastic "T" wrapped in copper placed in the uterus. Contains no hormones. Effective for up to 10 years.

Collectively, these methods are referred to as **LARCs** (long-acting reversible contraceptives). All of these methods can be safely used by most young women and all of these methods have less than a 1% failure rate.

Although they are more expensive at first, their long term effectiveness makes LARCs some of the least expensive forms of birth control available. Learn more about LARCs and other forms of birth control at:

www.mcrh-tn.org



Looking for Volunteer Opportunities or Academic Internships?

If you are interested in working with a local progressive, non-profit healthcare organization, contact MCRH.

We have learning opportunities available in patient care, reproductive health education, reproductive justice advocacy, & non-profit administration.

[Email outreach@mcrh-tn.org](mailto:outreach@mcrh-tn.org)



Students

Memphis Center for Reproductive Health



Memphis Center for Reproductive Health

1726 Poplar Ave., Midtown

Memphis, TN 38104 901-274-3550

MCRH is on the bus line
www.matatransit.com/



Student Reproductive Health Visits \$50

(with valid student I.D.)
Labs not included

For females:

- Normal/abnormal female anatomy & reproductive development
- Birth control options & safer sex practices
- Benefits of Long Acting Reversible Contraceptives (LARCs) like Implanon, Paragard IUD, and Mirena IUS
- Prescriptions for The Pill, the Patch, the Ring, and the Shot may be available without a pelvic exam
- HIV testing and referrals
- Discussion of HPV virus and vaccine

For males:

- Normal/abnormal male anatomy & reproductive development
- Birth control options & safer sex practices
- HIV testing and referrals
- Discussion of HPV virus and vaccine

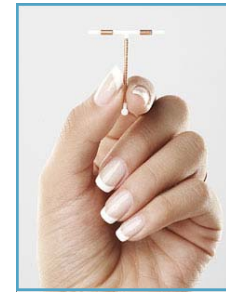


Free Pregnancy Tests



Take a
virtual tour
@ www.mcrh-tn.org

Meet the IUD



Did you know an IUD can prevent an unwanted pregnancy for up to **10 years?** Safe. Effective. Covered by most insurance. Financial assistance programs & cash payment plans available.

Learn more at www.mcrh-tn.org/iudinfo



Free HIV Tests

Free Condoms



Pregnancy Tests

Free!

HIV Rapid testing

Results in 20 minutes

Free!

Complete STD testing

\$ 100

Chlamydia, Gonorrhea, Syphilis, Trichomoniasis, & Herpes I & II
Includes tests and lab work, Rx & referrals if needed.

Vaccinations

HPV Vaccine (Gardasil®)

3 visits, 3 injections

\$160 ea

Seasonal flu

\$ 20

Birth Control

Watch a video of our Birth Control Options at youtube.com/mcrhoutreach

Emergency Contraception - EC
(Plan B or Morning After Pill)

\$ 40

Paragard® IUD (effective up to 10 yrs)

\$ 650*

Mirena® IUS (effective up to 5 yrs)

\$ 875*

Implanon® (effective up to 3 yrs)

\$ 850

Depo Provera (the Shot) (lasts 3 mos)

\$ 15

Prescriptions available for Oral Contraceptives (The Pill), Ortho Evra (The Patch), Nuvaring (The Ring)

Unintended Pregnancies

Comprehensive Options Counseling

\$ 35

Medication & Surgical Abortion

\$425-\$500

Lesbian, Gay & Transgender Healthcare

Hablamos Español

Payment plans available

*May Qualify for Financial Assistance